

## **Liberty Hill ISD SHAC Meeting**

December 6, 2018, 5:30 PM Admin Training Room

### **1. Welcome**

#### **In attendance:**

Chair: Heather Konneshek

John Clark

#### District Representatives:

Summer Neary

Kasey Faurie

Kristen Brewer

### **2. Public Comments** -- Please sign up beforehand, and limit comments to 3 minutes.

There were no public

### **3. It's Time Texas Challenge -- Bob Mabry (Summer Neary)**

Help make Liberty Hill ISD the healthiest district and community in Texas! Join the It's Time Texas Community Challenge! See link here: [It's Time Texas](#)

### **4. Liberty Hill Wellness Education Information -- Kristen Brewer**

Worth the Wait program is an abstinence based program followed at the high school.  
Austin LifeGuard -- abstinence based program, medically accurate information  
Contraception is reviewed, but only as a failure risk, information available

Intermediate begins body terminology

Junior High program is unclear due to change in health course.

--Summer Neary will contact JH to get a better understanding of wellness education program

Sex Trafficking -- is this part of health and wellness education?

SHAC Committee wants to ensure that sex education, conversations about contraceptives, conversations about safety, sex trafficking, suicide and bullying, cyber safety, etc is included in education at the campuses.

What does parent education look like? Are we sharing information with parents? Helping them know how to navigate social media issues, emotional well-being

#### **5. Liberty Fit Brief Update & Timeline of Meetings -- Heather Konesheck**

Date Sept 7th with LHYFC

Moving LH to beginning of year to build relationships with new families

and

community members

Liberty Fit marketing MUST be bigger in order to attract more involvement

Is Liberty Fit a fundraiser for campuses?

SHAC needs a cause -- water bottle fillers

#### **6. Decision to allow for 6 waiver days at the high school for "free food"**

High school requests permission to have 6 waiver days to allow the sale of snacks during track meets, tournaments, other large community and district events.

SHAC committee agrees to allow 6 waiver days for the high school. Voting members unanimously vote yes.

#### **7. Increase SHAC involvement and push for Liberty Fit**

Advertise at meet the teacher

Create website

Push through Twitter, facebook, social media

SHAC Website -- Committee consider creating website to advertise safety, wellness, community resources. Link will be linked to district SHAC website, but run by SHAC committee members.

#### **8. Future Meeting Dates:**

December 6, 2018, Liberty Hill ISD Training Room

February 7, 2019 -- Continued wellness

April 11, 2019 -- Drinking, driving, prom?